



**RESOURCE**

# WASH and Health for Menstrual Hygiene Management Training of Trainers Manual

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## **Description / Abstract**

This publication intends to deepen the understanding of the biological nature of the menstruation phenomenon to reclaim and restore the pride and confidence that should naturally be a part of it. Managing menstruation hygienically with linked sanitary facilities is an important aspect of life – the practical dimensions of which this publication also aims to facilitate – resulting in clean, convenient facilities that offer privacy and dignity for women at any time of the month.

## **Publication year**

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## **Publisher**

Water Supply and Sanitation Collaborative Council

## **Keywords**

Water, Sanitation and Hygiene (WASH) Menstrual Hygiene Management Training of Trainers Manual

## **Thematic Tagging**

Gender Youth

Language English

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## **Related IWRM Tools**



● Tool

### **Behaviour Change Communication**

C5.02

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